

2010 YMCA PA East District Qualifying Times

Note: for 2010, the top 12 individual event finishers and the Top 9 relay finishers will advance to the PA East-West

East Districts: March 13-14, 2010, LaSalle University

East-West (PA States): March 20-21, 2010, Penn State University

Cadet (10 & Under)

Event	Girls		Stroke	Boys		Event
1	02:38.0 *		200 Yard Medley Relay	02:45.0 *		2
3	33.5 *		50 Yard Freestyle	34.5		4
5	01:24.0		100 Yard Individual Medley	01:28.0		6
7	38		50 Yard Butterfly	40.5		8
9	01:15.5		100 Yard Freestyle	01:18.0		10
11	40		50 Yard Backstroke	41		12
13	45 *		50 Yard Breaststroke	46		14
15	02:20.0		200 Yard Freestyle Relay	02:22.5 *		16

Prep (11-12)

Event	Girls		Stroke	Boys		Event
17	02:19.0 *		200 Yard Medley Relay	02:23.0		18
19	02:25.0		200 Yard Freestyle	02:28.0		20
21	29		50 Yard Freestyle	30.8		22
23	02:40.0		200 Yard Individual Medley	02:47.5		24
25	33		50 Yard Butterfly	36		26
27	01:04.5		100 Yard Freestyle	01:08.0		28
29	35 *		50 Yard Backstroke	37		30
31	38.5		50 Yard Breaststroke	41 *		32
33	02:03.0		200 Yard Freestyle Relay	02:07.0 *		34

Junior (13-14)

Event	Girls		Stroke	Boys		Event
35	02:13.0 *		200 Yard Medley Relay	02:10.0 *		36
37	02:12.0 *		200 Yard Freestyle	02:12.0		38
39	28.25 *		50 Yard Freestyle	27.25 *		40
41	02:29.0 *		200 Yard Individual Medley	02:30.0		42
43	01:12.5		100 Yard Butterfly	01:12.5		44
45	01:01.0		100 Yard Freestyle	01:00.0		46
47	01:10.5		100 Yard Backstroke	01:11.0		48
49	01:19.5		100 Yard Breaststroke	01:17.5		50
51	01:57.0		200 Yard Freestyle Relay	01:57.0 *		52

Senior (15-18, Open)

Event	Girls		Stroke	Boys		Event
53	04:45.0 *		400 Yard Medley Relay	04:17.0 *		54
55	02:06.5		200 Yard Freestyle	01:57.0		56
57	27		50 Yard Freestyle	24.5		58
59	02:25.0		200 Yard Individual Medley	02:16.0		60
61	01:06.0		100 Yard Butterfly	01:02.0		62
63	01:00.0		100 Yard Freestyle	53.5		64
65	01:08.0 *		100 Yard Backstroke	01:05.5		66
67	05:40.0		500 Yard Freestyle	05:19.0		68
69	01:18.5		100 Yard Breaststroke	01:11.0		70
71	04:23.0 *		400 Yard Freestyle Relay	03:50.0 *		72

* Changed from 2009 Qualifying Times

4/19/2009